



List of Information for Your Babysitter



This list was given to me by OpenSitter, which helps parents find and book sitters in their social network. Sitters get access to powerful tools to better manage and share their schedules with parents. Learn more at <http://www.opensitter.com>

1. Children's names and ages
2. Time of bedtime for each child
3. Your mobile phone numbers
4. Location(s) of where you will be going
5. Time you expect to be back
6. Emergency contact information
7. Pediatrician's phone number
8. Trusted neighbors' phone numbers
9. Poison control phone number
10. List of allergies and other important medical conditions
11. Acceptable activities for your children
12. Acceptable foods/snacks for your children
13. Acceptable discipline for your children
14. Other things you want the babysitter to do while you're out

Learn to use lists to be more organized, successful and productive!
<http://www.listproducer.com>